

# Good Day To Run

**Count:** 32      **Wall:** 2      **Level:** Beginner

**Choreographer:** Benny Ray (Denmark) July 2011

**Music:** A Good Day To Run by Darryl by Worley. CD: Have You Forgotten

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## **4 X DIAGONAL STEP TOUCH**

- 1-2            Step forward to right diagonal, touch left next to right
- 3-4            Step back to left diagonal, touch right next to left
- 5-6            Step back to right diagonal, touch left next to right
- 7-8            Step forward to left diagonal, touch right next to left

## **R STEP, LOCK, STEP, SCUFF, L STEP, LOCK, STEP, SCUFF**

- 9-10           Step forward on right, lock left behind right
- 11-12          Step forward on right, scuff left forward
- 13-14          Step forward on left, lock right behind left
- 15-16          Step forward on left, scuff right forward

## **STEP, ½ TURN, STEP, HOLD, TRIPLE FULL TURN R**

- 17-18          Step forward on right, make ½ turn left
- 19-20          Step forward on right, hold
- 21-22          Make ½ turn right stepping back on left, make ½ turn right stepping forward on right
- 23-24          Step forward on left, hold

## **RUN FORWARD, TOUCH, RUN BACK, TOUCH**

- 25-26          Step forward right, step forward left
- 27-28          Step forward right, touch left next to right
- 29-30          Step back left, step back right
- 31-32          Step back left, touch right next to left