

# Give Your Heart A Break - Beginner

**Count:** 32    **Wall:** 4    **Level:** Beginner

**Choreographer:** Kim Liebsch (Denmark) Aug 2012

**Music:** Give Your Heart A Break by Demi Lovato

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**Intro: 16 counts after 1<sup>st</sup> beat (appr. 8 seconds) - Start with weight on L foot**

**2 Restarts:**

**1<sup>st</sup> restart on wall 4 after 16 counts\***

**2<sup>nd</sup> restart on wall 10 after 16 counts\***

**Ending: On wall 14 after first 12 counts make step 1/2 turn, step 1/4 turn**

**#1 section: 3 X walk fw, kick, 3 X walk back, touch**

- 1-2            Step fw. on R, step fw. on L 12:00
- 3-4            Step fw. on R, kick L fw. 12:00
- 5-6            Step back on L, step back on R 12:00
- 7-8            Step back on L, touch R beside L 12:00

**#2 section: 2 X shuffle fw, step 1/2 turn, 2 X walk**

- 1&2            Step fw. on R, step L next to R, step fw. on R 12:00
- 3&4            Step fw. on L, step R next to L, step fw. on L 12:00
- 5-6            Step fw. on R, make 1/2 turn L, stepping fw. on L 6:00
- 7-8            Step fw. on R, step fw. on L \*(restart on wall 4 and 10) 6:00

**#3 section: 2 X mambo, back rock, step 1/4 turn**

- 1&2            Rock R to R side, recover on L, step R next to L 6:00
- 3&4            Rock L to L side, recover on R, step L next to R 6:00
- 5-6            Rock back on R recover on L 6:00
- 7-8            Step fw. on R, make 1/4 turn L, putting weight on L 3:00

**#4 section: 2 X kick ball change, 2 X out, hold with clap, 2 X in, hold with clap**

- 1&2            Kick R fw. step R next to L, change weight to L 3:00
- 3&4            Kick R fw. step R next to L, change weight to L 3:00
- &5-6            Step R out, step L out, hold (clap) 3:00
- &7-8            Step R in, step L in, hold (clap) 3:00

**Last Revision - 31st August 2012**