

Air Balloon

Count: 64 Wall: 2 Level: Intermediate

Choreographer: Dee Musk (UK) April 2014

Music: Air Balloon by Lily Allen - Single

Intro: 4 Slow Counts Approx 02 seconds - start on vocals - Track approx 3 mins 48 secs BPM 96

Track available from [iTunes.co.uk](#)

Heel & Heel &, Kick & Point, & Point, & Cross & Heel, & Cross & Cross.

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| 1&2& | Touch R heel forward, step R beside L, touch L heel forward, step L beside R. |
| 3&4 | Kick R forward, step R beside L, point L to L side. |
| &5 | Step L beside R, point R to R side. |
| &6&7 | Step R beside L, cross L over R, step R to R side, touch L heel to L diagonal. |
| &8&1 | Step L beside R, cross R over L, step L to L side, cross R over L. (12 o'clock). |

Back Side Cross, Back Side, Walk R Walk L, Rocking Chair.

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| 2&3 | Step back on L, step R to R side, cross L over R. |
| 4& | Step back on R, step L to L side. |
| 5,6 | Walk R, Walk L. |
| 7&8& | Rock forward on R, recover weight to L, rock back on R, recover weight to L. (12 o'clock). |

Step, Step ¼ Turn R Cross, Rock & Cross, Rock ¼ Turn R Step, Kick Step.

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| 1,2&3 | Step forward on R, step forward on L, make a ¼ turn R, cross L over R. |
| 4&5 | Rock R to R side, recover weight to L, cross R over L. |
| 6&7 | Rock L to L side, make a ¼ turn R, step forward on L. |
| 8& | Kick R forward, step R beside L. (6 o'clock). |

Step, Lock Step, Step, Lock Step, Walk L, Walk R, Rocking Chair.

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| 1,2& | Step forward on L, cross lock R behind L, step forward on L. |
| 3,4& | Step forward on R, cross lock L behind R, step forward on R. |
| 5,6 | Walk L, Walk R. |
| 7&8& | Rock forward on L, recover weight to R, rock back on L, recover weight to R. (6 o'clock). |

Step, Forward Mambo, ½ Turn L, ¼ Turn L with Side Touch, Side Touch, Chasse R.

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| 1 | Step forward on L. |
| 2&3 | Rock forward on R, recover weight to L, step back on R. |
| 4 | Make a ½ turn L stepping forward on L to 12 o'clock wall. |
| 5& | Make a further ¼ turn L to 9 O'clock wall stepping R to R side, touch L beside R. |
| 6& | Step L to L side, touch R beside L. |
| 7&8 | Step R to R side, close L beside R, step R to R side. (9 o'clock). |

Sailor Step, Sailor $\frac{1}{4}$ Turn R, Step $\frac{1}{2}$ Turn R, L Shuffle Forward.

- 1&2 Step L behind R, step R to R side, step L to L side.
3&4 Making a $\frac{1}{4}$ turn R step R behind L, step L to L side, step forward on R.
5,6 Step forward on L, make a $\frac{1}{2}$ turn R.
7&8 Step forward on L, close R beside L, step forward on L. (6 o'clock).
****Restart from here during wall 2 – Begin again facing 12 o'clock.**
****Restart from here during wall 5 – Begin again facing 6 o'clock.**

Cross & Heel & Touch Ball Cross, & Heel & Touch & Touch Ball Cross.

- 1&2& Cross R over L, step L to L side, touch R heel to R diagonal, step R beside L.
3&4 Touch L beside R, step down on L, cross R over L.
&5&6 Step L to L side, touch R heel to R diagonal, step down on R, touch L beside R.
&7&8 Step down on L, touch R beside L, step down on R, cross L over R. (6 o'clock).

Coaster Step, Mambo $\frac{1}{2}$ L, Step $\frac{1}{2}$ Turn L, Side Switches.

- 1&2 Step back on R, close L beside R, step forward on R.
3&4 Rock forward on L, recover weight to R, make a $\frac{1}{2}$ turn L stepping forward on L.
5,6 Step forward on R, make a $\frac{1}{2}$ turn L.
7&8& Touch R toe to R side, step R beside L, touch L toe to L side, step L beside R. (6 o'clock).

****Restart: During walls 2 and 5 dance up to count 48 - begin again.**

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